

## **Toolkit Guide**

### **Background and Objectives:**

There is a pressing need to educate, train and inspire a new workforce of healthcare and research professionals who are knowledgeable about the impacts of incarceration on heath and are committed to bridging the divide between correctional and community health systems. Therefore, AAMC and its collaborators from the Academic Consortium on Criminal Justice Health conducted 12 video-recorded interviews to explore how being currently incarcerated, formerly incarcerated, or having an incarcerated family member affects one's health and well-being.

The 2018 AAMC Social Justice Behind and Beyond the Bars: Criminal Justice Health and Academic Medicine Toolkit features videos, resources, discussion questions that various stakeholders and academic health centers can use to:

- Understand the critical issues in Correctional Health
- Understand the role of policy and the social determinants of health in creating and perpetuating mass incarceration and health inequities among criminal justice populations
- Understand the role of academic medical centers in the provision of health care, education, and the conduct of research to improve the health and well-being of criminal justice populations

### **Intended Audience:**

- Community Members and Leaders
- Medical Students
- Physicians
- Policy Makers and Politicians
- Public Health Practitioners

### Materials Available for Download:

- PowerPoint Deck
   Use the Social Justice Behind and Beyond the Bars Toolkit Guide to provide context of the session, remind participants of the goals and objectives of videos, and to organize the discussion.
- Social Justice Behind and Beyond the Bars: Criminal Justice Health and Academic Medicine Video Series:

The videos may be shown individually or as a series.

- o Incarceration and Personal Health
- o Incarceration and Health Care
- Health Care After Release
- o Family Impact
- Recommendations for Doctors, the Health Care System and Society
- Discussion Questions and Action Steps
- Additional Resources which can be found at aamc.org/CEToolkits

#### Tips:

• Prior to showing the videos, consider downloading and copy the videos directly onto the desktop of the computer you will be using to present this content (this assures that you will have the videos in the event that a server goes down. Additionally, the video will play with less buffering). Direct links to the videos are provided above, choose the SD or HD download option for medium or high quality video respectively.



### Post Video Viewing Follow-up

• After the group discussion, send a summary of the action steps provided to <u>healthequityresearch@aamc.org</u> so your group's ideas can be added to our action list.



Resource	Activities/Notes/Considerations
Slide 2	Establish Objectives and Goals
	Describe the goals for these videos. Participants will:
Objectives and Goals         Image: Distribution of the state of	<ol> <li>Understand the critical issues in Correctional Health</li> <li>Understand the role of policy and the social determinants of health in creating and perpetuating mass incarceration and health inequities among criminal justice populations</li> <li>Understand the role of academic medical centers in the provision of health care, education, and the conduct of research to improve the health and well-being of criminal justice populations</li> </ol>
Background about the Videos	The Association of American Medical Colleges (AAMC), in collaboration with the Academic Consortium for Criminal Justice Health and the Rhode Island Department of Corrections developed an interview protocol and conducted 12, 10-minute interviews to explore how being currently incarcerated, formerly incarcerated, or having an incarcerated family member affects one's health and well-being.
Slide 3: Structure and Process	Structure and Process
	Provide a <i>brief</i> overview of what participants will be doing (detailed directions for each segment will be provided below):
Structure and Process	Videos and Reflection
<ul> <li>We will be watching each video (note for facilitator: The videos may be shown individually or as a series. Adjust the language accordingly).</li> <li>While watching the videos, please jot down thoughts and impressions</li> <li>At the end of each video, volunteers will be asked to share their thoughts and reactions before moving on to the next video</li> </ul>	<ul> <li>We will be watching each video (note: The videos may be shown individually or as a series. Adjust the language accordingly).</li> <li>While watching the videos, please jot down thoughts and impressions</li> <li>At the end of each video, volunteers will be asked to share their thoughts and reactions before moving on to the next video</li> <li>After viewing the videos, use the either the group discussion question sheet or the list of questions included on slides 3- 4.</li> </ul>
Video 1: Incarceration and Personal Health	The first video of the series explores how incarceration impacts personal health and well-being.
Video 2: Incarceration and Health Care	This video provides a glimpse at the health care received while incarcerated.

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Resource	Activities/Notes/Considerations
Video 3: Health Care After Release	This video explores topics about the health care received after being released from jail and/or prison.
Video 4: Family Impact	During this video, the interviewees discuss how incarceration has impacted the health and well-being of their families.
Video 5: Recommendations for Doctors, the Health Care System and Society	During this video, interviewees provide recommendations for medical students, doctors, the health care system and society as a whole about how to better provide care for those who are and have been criminally justice involved.
Slides 3-4: Discussion Questions and Action Step Planning Group Discussion Questions • What is the most important activity your institution could do to better address the health of justice-involved populations? • What additional training can your academic medical center privide to equip medical students to be responsive to the needs	Use the either the group discussion question sheet or the list of questions on the PowerPoint slide to facilitate dialogue about action steps academic medical centers and communities can take to improve the health and health care of those who have been touched by the criminal justice system.
of this population?  How can your institution better partner with your community to respond to the health and health care needs of those involved in the criminal justice system?  Group Discussion Questions cont.	After the group discussion, send a summary of the action steps provided to <u>healthequityresearch@aamc.org</u> so your group's ideas can be added to our action list.
What topics should researchers be studying about the health of currently or formerly incarcerated individuals and their families?	